

PURPOSE

The purpose of this course is to introduce practitioners to evidence-based best practices for Enhanced Recovery After Surgery (ERAS®). The course is intended for the entire health care team and will address preoperative patient preparation, intraoperative management, postoperative care, and data collection. The course will include a workshop to provide practical tips to the participants on how to design and implement ERAS® programs at their home institutions using an interdisciplinary team approach.

OBJECTIVES

1. Identify best evidence-based practices for a successful enhanced recovery program.
2. Describe the science behind physiology and pathophysiology of ERAS®.
3. Recognize the importance of a team-based, interdisciplinary approach to patient care.
4. Acquire a better understanding of the nuances of preoperative patient preparation, intraoperative management strategies, and postoperative care.
5. Develop a better understanding of how a team approach can impact patient outcomes.

MSA ACCREDITATION STATEMENT

The Massachusetts Society of Anesthesiologists, Inc. (MSA) designates this live activity for a maximum of 10.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation.

AMA CREDIT DESIGNATION STATEMENT

The Massachusetts Society of Anesthesiologists is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

RISK MANAGEMENT

10.5 credits meet the criteria of the Massachusetts Board of Registration in Medicine for risk management study.

For more information, please visit MSA's website at mass-anesthesiologists.org.

DIRECTIONS

The Conference Center at Waltham Woods
860 Winter St. Waltham, MA
www.conferencecenteratwalthamwoods.com/location

HOTEL INFORMATION

Embassy Suites Hotel

550 Winter Street,
Waltham, MA

Located on the left, just before the Cambridge Reservoir

1-800-EMBASSY (1-800-362-2779)

The Westin

70 3rd Avenue, Waltham, MA 02451
Just across I-95, about a mile away.
(781) 290-5600

(See directions to Waltham Woods at website above.)

Massachusetts Society of Anesthesiologists
PO Box 549154
Waltham, MA 02454-9154

ADDRESS SERVICE REQUESTED

PRSR STD
U.S. Postage
PAID
Boston, MA
Permit No. 59673

REGISTER NOW
mass-anesthesiologists.org



Massachusetts Society of
Anesthesiologists, Inc.
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Enhanced Recovery After Surgery (ERAS): A Multidisciplinary Approach to Patient Care

Saturday–Sunday, March 25–26, 2017

Waltham Woods Conference Center
Waltham, MA

Richard Urman, MD, MBA, Course Director



Endorsed by the ERAS® Society
and ERAS®-USA Society

ENHANCED RECOVERY AFTER SURGERY (ERAS): A MULTIDISCIPLINARY APPROACH TO PATIENT CARE

Course and Workshops
March 25–26, 2017

REGISTRATION

You may also register online through the MSA website:
mass-anesthesiologists.org

Name: _____

Address: _____

Hospital: _____

Specialty: _____

Business Phone: _____

Email Address: _____

For your convenience, attach your business card.

Registration Fee (please check the appropriate box)

MSA Members — \$250
Up to 10 AMA PRA Category 1 Credits™

Nonmember Physicians — \$325
Up to 10 AMA PRA Category 1 Credits™

RN/NP/PA — \$225
Up to 10 AMA PRA Category 1 Credits™

Administrators — \$200
Up to 10 AMA PRA Category 1 Credits™

Residents/Fellows — \$75

Students — \$50

Register

To register online, please go to: mass-anesthesiologists.org
or call the MSA office to register by CC, or mail your
registration with check in the amount of \$_____, payable
to MSA, PO Box 549154, Waltham, MA 02454 or fax to
(781) 464-4896.

VISA MasterCard Discover

Card Number: _____

Expiration Date: _____

Cardholder's Name: _____

Card Billing Address: _____

For more information, contact the MSA Office at
(781) 434-7329 or MAAnesthesiologists@mms.org.

*Cancellations received within three days of the program
will be assessed a 25 percent processing fee.*

ENHANCED RECOVERY AFTER SURGERY (ERAS): A MULTIDISCIPLINARY APPROACH TO PATIENT CARE

Day 1 (March 25)

8:00 a.m. Registration and Breakfast

8:20 a.m. **INTRODUCTORY REMARKS**
Richard D. Urman, MD, MBA
*Associate Professor of Anesthesia,
Harvard Medical School;
Brigham and Women's Hospital
Chair, MSA Programs Committee*

8:30 a.m. **THE SCIENCE OF CHANGE
MANAGEMENT FOR HEALTH CARE
PROVIDERS**
Richard D. Urman, MD, MBA

8:50 a.m. **KEYNOTE ADDRESS:
WHEN DOGMA-BASED PRACTICES
ARE DISPROVEN BY NEW EVIDENCE**
Olle Ljungqvist, MD
*Professor of Surgery, Örebro University Hospital,
Department of Surgery Affiliated Professor of
Surgery, Karolinska Institutet, Stockholm, Sweden*

9:20 a.m. **UNDERSTANDING ERAS GUIDELINES**
Kevin Elias, MD
*Instructor in Obstetrics, Gynecology, and
Reproductive Biology, Brigham and Women's
Hospital*

9:50 a.m. **PREOPERATIVE PREPARATION**
Jessica Shanahan, MD
*Instructor in Anesthesia, Veterans Affairs Boston
Healthcare System; Department of Anesthesia,
Massachusetts General Hospital*

10:20 a.m. Coffee Break

10:40 a.m. **PHYSIOLOGY AND PATHOPHYSIOLOGY
OF ERAS**
Michael Scott, MB, ChB, FRCP, FRCA, FFICM
*Professor, Department of Anesthesiology and
Critical Care Medicine, Virginia Commonwealth
University Health System; Chair of the Education
Committee, Executive Committee Member,
ERAS Society*

11:10 a.m. **GOAL-DIRECTED FLUID THERAPY
AND PATIENT MONITORING**
Matthias F. Stopfkuchen-Evans, MD
*Department of Anesthesia and Pain Management
Brigham and Women's Hospital*

11:40 a.m. **MULTIMODAL ANALGESIA**
Matthias F. Stopfkuchen-Evans, MD

12:10 p.m. **INTRAOPERATIVE OPTIMIZATION
STRATEGIES AND DESIGNING
INSTITUTIONAL PERIOPERATIVE
PROTOCOLS**
Kay B. Leissner, MD
*Assistant Professor of Anesthesia, Veterans Affairs
Boston Healthcare System; Boston VA Medical
Center*

12:50 p.m. Lunch (provided)

1:20 p.m. **COLORECTAL SURGERY**
Ronald Bleday, MD
*Chief, Section of Colon and Rectal Surgery,
Brigham and Women's Hospital and Dana-Farber
Cancer Institute; Associate Professor of Surgery,
Harvard Medical School*

1:50 p.m. **NURSING PERSPECTIVE**
Lauren A. Wolf, MS, RN
Nurse Director, Brigham and Women's Hospital

2:20 p.m. **PEDIATRIC AND ORTHOPEDIC
POPULATION**
Erik S. Shank, MD
*Division Chief, Pediatric Anesthesia
Massachusetts General Hospital*

2:50 p.m. **WHAT WE KNOW ABOUT ERAS AND
PATIENT OUTCOMES?**
Olle Ljungqvist, MD

3:20 p.m. **STRATEGIES FOR INSTITUTION-WIDE
IMPLEMENTATION AND FINANCIAL
CONSIDERATIONS**
Peter A. Najjar, MD
*Senior Quality Consultant and Resident in Surgery
Brigham and Women's Hospital*

3:50 p.m. **WHY SOME PRACTITIONERS FEAR
ERAS AND HOW TO BECOME PART
OF THE SOLUTION**
Edward Whang, MD
*Associate Professor of Surgery, Brigham and
Women's Hospital and Harvard Medical School*

4:00 p.m. Break

4:30 p.m. **SUBSPECIALTY PANEL:
SURGERY, ANESTHESIA,
NURSING COURSE FACULTY**

5:00 p.m. Adjourn

Day 2 (March 26) ERAS Implementation Workshop

8:30 a.m. Breakfast

9:00 a.m. **IMPLEMENTATION WORKSHOP**
Olle Ljungqvist, MD,
*Professor of Surgery, Örebro University Hospital,
Department of Surgery Affiliated Professor of
Surgery, Karolinska Institutet, Stockholm, Sweden*

Patricia Ahlquist, RN
*Surgical Case Reviewer, NSQIP Program
Quality Coordinator, Middlesex Hospital*

Mary Ann Mecca-Monahan PA-C
*ERAS Coordinator, Director of Surgical Quality,
Department of Surgery, St. Francis Hospital
and Medical Center, Hartford, Connecticut*

Michael Scott, MB, ChB, FRCP, FRCA, FFICM
*Professor, Department of Anesthesiology and
Critical Care Medicine, Virginia Commonwealth
University Health System; Chair of the Education
Committee, Executive Committee Member,
ERAS Society*

11:30 a.m. Questions and Answers

12:00 p.m. Adjourn